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| **Present With Confidence:****Increase Your Income Through Speaking and Being Memorable** |
| **8-Week Program*** **Be memorable and more effective in your networking and workplace interactions**
* **Feel confident leading or speaking in front of a group**
* **Be more comfortable selling**
* **Attract more clients through your speaking engagements and videos**
* **Maximize presence – stand fully in who you are**
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| **MASTERING PRESENCE – Full Day Workshop.** Sunday, March 23. 9am-5pm Learn practical, potent tools to increase your magnetic presence, confidence, and connection to your audience. |  |
| **INCREASE YOUR POWER AND EFFECTIVENESS - 3 biweekly classes.**Part 1: **Vocal Power.** Wednesday, April 2, 6-9pmLearn to use the range, volume, and tone of your voice to instill confidence in your message, and keep your audience engaged and emotionally connected.Part 2: **Amplify Your Assets.** Wednesday, April 16, 6-9pmAmplify your energy and your presence to be more magnetic, vibrant, and memorable sharing your message. Share more of the real you, even under pressure.Part 3: **Body Apology**. Wednesday, April 30. 6-9pmDiscover how *your* body “apologizes” and takes away from your message, and learn the simple key to come back to presence. |  |
| **PUT IT ALL TOGETHER: Half-Day Speaking Workshop**. Friday, May 16. 4-7:30pm Group review of key practices. Short presentations will be recorded. Receive feedback and celebrate your success! |  |
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| **Workbook:** Basic best practices for structuring content in short videos and sales  conversations to provide value and lead to an offer |  |
| **Before and After:** Videostaken at first and last live events – yours to keep |  |
| **Facebook Forum:** Unlimited Q and A with Cassie, and group engagement throughout the 8 weeks  |  |
| **Group Calls:** 3 – 30 minute group coaching calls.  **Tues, 4/1:** 12-12:30pm, **Tues 4/22:** 12-12:30pm, **Tues 5/13**: 12-12:30pm |  |
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| **BONUS:** Open invitation to attend weekly Friday morning mini-AFP sessions during the 8 weeks. Register at <http://new.avibrantbody.com/?p=257> (do not pay - check dates attending and submit) or email cassie@AVibrantBody.com  |  |
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